

VIRGINIA SERVICE - Southbound

Effective March 16, 2020

serving BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK and intermediate stations



BOOK TRAVEL, CHECK TRAIN STATUS, ACCESS YOUR ETICKET AND MORE THROUGH THE [Amtrak app](#).

Amtrak.com
1-800-USA-RAIL

Service/Train Name ▶		Northeast Regional	Northeast Regional	Palmetto	Cardinal	Carolinian	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional
Train Number ▶		65	67	89	51	79	79	95	91	195	125
Normal Days of Operation ▶		FrSa	Su-Th	Daily	SuWeFr	SaSu	Mo-Fr	Mo-Fr	Daily	SaSu	Mo-Fr
Will Also Operate ▶		5/24,7/2, 9/6				5/25,7/3, 9/7				5/25,7/3, 9/7	
Will Not Operate ▶			5/24,7/2, 9/6				5/25,7/3, 9/7	5/25,7/3, 9/7			5/25,7/3, 9/7
On Board Service ▶											
Symbol ▼											R95
Boston, MA -South Station	●●●	Dp	9 30P	9 30P				6 05A		6 30A	6 05A
Boston, MA-Back Bay Station	●●●		9 36P	9 36P				6 10A		6 35A	6 10A
Route 128, MA	●●●		9 50P	9 50P				6 20A		6 45A	6 20A
Providence, RI	●●●		10 22P	10 22P				6 45A		7 10A	6 45A
Kingston, RI	●●●		10 48P	10 48P				7 06A		7 31A	7 06A
Westerly, RI	○●●		11 05P	11 05P				7 20A		7 45A	7 20A
Mystic, CT	○●●		11 17P	11 17P				7 30A			7 30A
New London, CT (Casino)	●●●		11 31P	11 31P				7 43A		8 07A	7 43A
Old Saybrook, CT	●●●		11 53P	11 53P				8 02A		8 27A	8 02A
Greenfield, MA	○●●							5 45A			5 45A
Northampton, MA	○●●							6 10A			6 10A
Holyoke, MA	○●●							6 25A			6 25A
Springfield, MA	●●●	Ar						6 53A		7 25A	6 53A
Windsor Locks, CT	○●●	Dp						7 05A			7 05A
Windsor, CT	○●●							7 24A		7 44A	7 24A
Hartford, CT	●●●							7 29A		7 49A	7 29A
Berlin, CT	○●●							7 39A		7 59A	7 39A
Meriden, CT	○●●							7 49A		8 10A	7 49A
Wallingford, CT	○●●							7 58A		8 19A	7 58A
New Haven, CT-State St. Sta.	○●●							8 06A		8 27A	8 06A
New Haven, CT-Union Station	●●●	Ar						8 19A		8 40A	8 19A
New Haven, CT -Union Station	●●●	Dp	12 30A	12 30A				8 27A		8 47A	8 27A
Bridgeport, CT	○●●		12 50A	12 50A				8 36A		9 01A	8 36A
Stamford, CT	●●●		1 38A	1 36A				8 38A		9 04A	8 38A
New Rochelle, NY	○●●							9 27A		9 55A	9 27A
New York, NY -Penn Station	●●●	Ar	2 35A	2 30A				10 22A		10 18A	10 22A
Newark, NJ	○●●	Dp	3 00A	3 25A	6 02A	6 45A	7 17A	7 25A	10 35A	11 02A	11 05A
Newark Liberty Intl. Air., NJ	○●●		3 20A	3 45A	6 19A	7 05A	7 39A	7 44A	10 53A	11 22A	11 52A
Metropark, NJ	○●●		3 34A	4 00A	6 33A				11 07A		11 39A
New Brunswick, NJ	○●●				6 42A						12 06P
Princeton Junction, NJ	○●●				6 56A						
Trenton, NJ	○●●		3 58A	4 25A	7 06A	7 42A			11 30A	12 00N	12 03P
Philadelphia, PA -Wm. Gray, III, 30th St. Station	●●●	Ar	4 27A	4 54A	7 36A	8 20A	8 49A	8 54A	11 59A	12 30P	12 32P
Wilmington, DE	○●●	Dp	4 32A	5 00A	7 40A	8 18A	8 54A	9 17A	12 04P	12 35P	12 34P
Newark, DE	○●●		4 54A	5 22A	8 01A	8 47A	9 17A	9 17A	12 27P	1 02P	1 27P
Aberdeen, MD	○●●										
Baltimore, MD-Penn Station	○●●		5 43A	6 10A	8 48A	9 35A	10 07A	10 04A	1 26P	1 55P	2 25P
BWI Marshall Airport, MD	○●●		5 56A	6 25A	9 01A				1 39P	1 58P	2 40P
New Carrollton, MD	○●●		6 12A	6 40A					1 54P	2 13P	2 54P
Washington, DC -Union Station	○●●	Ar	6 30A	7 00A	9 30A	10 15A	10 46A	10 45A	2 09P	2 35P	3 13P

Service continues on page 2. No change of train required.

SCHEDULES EFFECTIVE 3/16/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- 3 Change trains at New York.

All Amtrak services and stations are non-smoking.

See page 2 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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SHADING KEY

Daytime train
Overnight train
Connecting train
Thruway and connecting services

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Will Also Operate ▶		5/25,7/3, 9/7				5/25,7/3, 9/7				5/25,7/3, 9/7		
Will Not Operate ▶			5/25,7/3, 9/7				5/25,7/3, 9/7	5/25,7/3, 9/7			5/25,7/3, 9/7	
On Board Service ▶												
	Symbol ▼										R95	
Washington, DC -Union Station	●●○◆	Dp	7:00A	7:20A	10:00A	11:00A	11:08A	11:08A	2:30P	3:05P	2:50P	3:55P
Alexandria, VA	●●○		7:18A	7:38A	10:18A	11:19A	11:26A	11:26A	2:48P	3:23P	3:07P	4:14P
Burke Centre, VA	○											
Manassas, VA	○											
Culpeper, VA (Orange)	○					11:52A						
Charlottesville, VA	●●○		1:00P	1:00P		12:25P						
Staunton, VA	○					1:52P						
Clifton Forge, VA (Homestead)	○					2:54P						
Lynchburg, VA	●●○					4:13P						
Roanoke, VA	○	Ar Dp										
Blacksburg, VA	○											
Danville, VA	○											
Woodbridge, VA	○											
Quantico, VA	○		7:44A	8:04A					3:05P		3:24P	4:32P
Fredericksburg, VA	○		8:05A	8:26A		11:56A	11:56A	3:16P		3:36P	4:45P	
Ashland, VA	○		8:47A	9:08A		12:19P	12:19P	3:40P		4:01P	5:12P	
Richmond, VA -Staples Mill Road	●●○	Ar Dp	9:03A 9:08A	9:29A 9:34A	12:11P 12:19P	1:27P 1:36P	1:27P 1:36P	4:44P 4:49P	5:07P 5:17P	5:04P	6:21P 6:28P	6:57P
Richmond, VA -Main Street Sta.	○	Dp	9:34A	10:03A								
Petersburg, VA	●●○	Ar			12:54P			2:13P	2:13P	5:26P		
Williamsburg, VA	●●○	Dp	L10:38A	L11:02A								L7:49P
Newport News, VA	●●○	Ar	11:15A	11:33A								8:20P
Norfolk, VA	●●○	Ar	D12:10P	D12:25P				7:04P				D9:10P
Virginia Beach, VA	○	Ar	12:50P	1:05P				8:00P				9:50P

SCHEDULES EFFECTIVE 3/16/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/cafe](#).
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.
- Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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LINKS FOR DETAILED SERVICE INFORMATION

Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit [Amtrak.com/Northeast-Regional](#)

Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶		157	147	145	171	99	93	19	87	85	97
Normal Days of Operation ▶		Su	Sa	Su	Mo-Fr	SaSu	Mo-Fr	Daily	SaSu	Mo-Fr	Daily
Will Also Operate ▶		5/25,9/7	5/24,7/3,9/6	5/25,9/7		5/25,7/3,9/7			5/25,7/3,9/7		
Will Not Operate ▶		5/24,9/6		5/24,9/6	5/25,7/3,9/7		5/25,7/3,9/7			5/25,7/3,9/7	
On Board Service ▶											
	Symbol ▼	R195	R195	R157					R161		
Boston, MA -South Station	●●QR◆	Dp	③6 30A	③6 30A		8 15A	8 35A	9 20A		③9 40A	
Boston, MA-Back Bay Station	●●QR		③R6 35A	③R6 35A		8 21A	8 40A	9 26A		③R9 45A	
Route 128, MA	●●QR		③R6 45A	③R6 45A		8 32A	8 50A	9 36A		③R9 55A	
Providence, RI ①	●●QR		③7 10A	③7 10A		8 56A	9 14A	10 01A		③10 20A	
Kingston, RI ②	●●QR		③7 31A	③7 31A		9 16A	9 35A	10 23A		③10 41A	
Westerly, RI	○●QR		③7 45A	③7 45A			9 51A	10 38A			
Mystic, CT	○					9 37A	10 02A				
New London, CT (Casino ③)	●●QR		③8 07A	③8 07A		9 51A	10 15A	11 02A		③11 15A	
Old Saybrook, CT	●●QR		③8 27A	③8 27A				11 22A		③11 35A	
Greenfield, MA	○●				Train 157						
Northampton, MA	○●						7 35A				
Holyoke, MA	○●						8 00A				
Springfield, MA	●●QR	Ar	7 58A	8 35A			8 15A				
	Dp						8 43A				
Windsor Locks, CT	○		8 17A	8 54A		8 55A					
Windsor, CT	○		8 23A	9 00A		9 14A					
Hartford, CT	●●QR		8 33A	9 10A		9 19A					
Berlin, CT	○●		8 44A	9 22A		9 29A					
Meriden, CT	○●		8 54A	9 32A		9 40A					
Wallingford, CT	○		9 03A	9 41A		9 49A					
New Haven, CT-State St. Sta.	○		9 16A	9 54A		9 57A					
New Haven, CT-Union Station	●●QR	Ar				10 10A					
	Dp					10 18A					
New Haven, CT -Union Station	●●QR	Ar	9 19A	9 57A		10 35A	11 02A	11 58A		③12 02P	
	Dp		9 34A	10 13A		10 37A	11 04A	12 09P		③12 04P	
Bridgeport, CT	○●QR		9 56A	10 35A		10 58A	11 26A	12 30P		③12 26P	
Stamford, CT	●●QR		10 25A	11 08A		11 28A	11 55A	1 00P		③12 55P	
New Rochelle, NY	○●QR		10 48A	11 37A		11 28A	11 55A	1 00P		③12 55P	
New York, NY -Penn Station	●●QR◆	Ar	11 25A	12 13P		③10 48A	12 18P	1 23P		③1 18P	
	Dp		12 05P	12 50P		③11 25A	12 22P	1 49P		③1 51P	
			12 55P	1 12P		12 35P	1 17P	2 02P			
Newark, NJ	●●QR		12 22P	1 07P		12 52P	1 35P	2 19P		③2 15P	
			12 27P	1 12P		12 57P	1 40P			③2 37P	
Newark Liberty Intl. Air., NJ ④	○●QR		12 40P	1 25P		1 10P	1 52P	2 34P		③3 04P	
Metropark, NJ	●●QR					1 18P				③3 21P	
New Brunswick, NJ	●●QR					1 31P				③3 22P	
Princeton Junction, NJ	●●QR									③3 26P	
Trenton, NJ	●●QR									③3 41P	
			1 03P	1 48P		1 39P	2 19P	2 57P		③3 41P	
Philadelphia, PA	●●QR◆	Ar	1 32P	2 15P		2 10P	2 47P	3 26P		③4 04P	
	Dp		1 35P	2 18P		2 16P	2 50P	3 29P		③4 33P	
-Wm. Gray, III, 30th St. Station	○●QR		1 57P	2 39P		2 38P	3 10P	3 50P		③4 36P	
Wilmington, DE	●●QR									③4 54P	
										③4 54P	
Newark, DE	○									③5 06P	
Aberdeen, MD	○●QR					3 07P				③5 24P	
Baltimore, MD-Penn Station	●●QR		2 46P	3 30P		3 31P	3 36P	3 58P		③5 49P	
BWI Marshall Airport, MD ⑤	●●QR		2 59P	3 43P		3 44P	3 51P	4 11P		③6 01P	
New Carrollton, MD	●●QR		3 15P	4 00P		3 58P	4 06P	4 25P		③6 17P	
Washington, DC -Union Station	●●QR◆	Ar	3 30P	4 12P		4 17P	4 23P	4 38P		③6 20P	
										③6 35P	

Service continues on page 4. No change of train required.

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Will Also Operate ▶		5/25,9/7	5/24,7/3,9/6	5/25,9/7		5/25,7/3,9/7			5/25,7/3,9/7		
Will Not Operate ▶		5/24,9/6		5/24,9/6	5/25,7/3,9/7		5/25,7/3,9/7			5/25,7/3,9/7	
On Board Service ▶											
	Symbol ▼										
Washington, DC -Union Station	●●QR♦	Ar 4 00P	4 35P	4 50P	4 50P	5 00P	5 50P	6 30P	7 00P	7 05P	7 25P
Alexandria, VA	●●QR	4 17P	4 52P	5 07P	5 11P	5 18P	6 09P	6 49P	7 17P	7 22P	7 44P
Burke Centre, VA	○		5 09P	5 24P	5 30P						
Manassas, VA	○		5 28P	5 43P	5 49P			7 22P			
Culpeper, VA (Orange)	○		6 02P	6 17P	6 24P			7 55P			
Charlottesville, VA	●●QR		7 01P	7 16P	7 23P			8 52P			
Staunton, VA	○										
Clifton Forge, VA (Homestead)	○										
Lynchburg, VA	●●QR	Ar	8 14P	8 29P	8 36P			10 00P			
	Dp		8 17P	8 32P	8 39P			10 06P			
Roanoke, VA	○	Ar	9 33P	9 48P	9 55P						
	Dp		10 00P	10 00P	10 15P						
Blacksburg, VA	○		11 15P	11 10P	11 25P						
Danville, VA	○							11 14P			
Woodbridge, VA	○	Ar	4 35P						7 35P	7 40P	
Quantico, VA	○	Ar	4 48P			5 44P	6 37P		7 47P	7 52P	
Fredericksburg, VA	○	Ar	5 10P			6 08P	7 02P		8 12P	8 17P	8 33P
Ashland, VA	○	Ar	5 52P			6 50P	7 46P		8 54P	8 59P	
Richmond, VA -Staples Mill Road	●●QR	Ar	6 15P			7 08P	8 10P		9 15P	9 16P	9 34P
	Dp		6 22P			7 13P	8 17P		9 22P		9 44P
Richmond, VA-Main Street Sta.	○	Dp				7 40P					
Petersburg, VA	●●QR	Ar	6 58P				8 53P		9 58P		
Williamsburg, VA	●●QR	Dp				L8 33P					
Newport News, VA	●●QR	Ar				9 06P	11 15P		12 20A		
Norfolk, VA	●●QR	Ar	8 36P			9 50P	10 31P		11 36P		
Virginia Beach, VA	○	Ar	9 30P			10 30P	11 15P		12 20A		

SCHEDULES EFFECTIVE 3/16/20

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- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
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Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

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1-800-USA-RAIL

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional
Train Number ▶	98	86	164	174	82	20	84	88	176
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr
Will Also Operate ▶			5/25,7/3, 9/7		5/24,7/3, 9/6			5/25,7/3, 9/7	
Will Not Operate ▶		5/25,7/3, 9/7		5/25,7/3, 9/7			5/25,7/3, 9/7		5/25,7/3, 9/7
On Board Service ▶									
Symbol ▼									
Virginia Beach, VA	○						5 15A	5 15A	
Norfolk, VA	●						6 15A	6 15A	
Newport News, VA	●				5 20A			5 15A	
Williamsburg, VA	●				5 42A				
Petersburg, VA	●						7 42A	7 42A	
Richmond, VA—Main Street Sta.	○				6 35A				
Richmond, VA—Staples Mill Road	●	Ar			7 07A		8 19A	8 18A	
Ashland, VA	○	Dp	6 00A	6 35A	7 10A	7 35A	8 25A	8 25A	
Fredericksburg, VA	○		6 13A	6 50A	7 23A	7 48A	8 38A	8 38A	
Quantico, VA	○		D5 26A	6 56A	7 33A	8 10A	8 32A	9 25A	9 25A
Woodbridge, VA	○		7 16A	7 54A	8 32A	8 52A	9 47A	9 47A	
Danville, VA	○		7 28A	8 07A	8 46A			10 01A	
Blacksburg, VA	○						4 43A		5 00A
Roanoke, VA	○	Ar							5 50A
Lynchburg, VA	●	Ar							6 19A
Clifton Forge, VA (Homestead)	○	Dp							7 35A
Staunton, VA	○								7 38A
Charlottesville, VA	●								
Culpeper, VA (Orange)	○								8 52A
Manassas, VA	○								9 44A
Burke Centre, VA	○								10 19A
Alexandria, VA	●	Ar							10 36A
Washington, DC—Union Station	●	Ar	D6 36A	7 52A	8 36A	9 12A	9 22A	D9 32A	10 26A
			D7 07A	8 15A	9 00A	9 41A	9 44A	D9 53A	10 45A
									10 26A
									10 55A
									11 05A
									11 20A

Service continues on page 6. No change of train required.

SCHEDULES EFFECTIVE 3/16/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/cafe](#).
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

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LINKS FOR DETAILED SERVICE INFORMATION

- Northeast Regional* between Boston and Virginia Beach/Norfolk/Roanoke. Visit [Amtrak.com/Northeast-Regional](#)
- Silver Meteor, Silver Star and Palmetto* between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)
- Cardinal* between New York and Chicago. Visit [Amtrak.com/Cardinal](#)
- Carolinian* between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)
- Crescent* between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

SHADING KEY

- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W4 for complete Boston to Washington DC schedules.

VIRGINIA SERVICE - Northbound

Effective March 16, 2020

serving NORFOLK - NEWPORT NEWS - RICHMOND - ROANOKE - CHARLOTTESVILLE - WASHINGTON DC - NEW YORK - BOSTON and intermediate stations



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1-800-USA-RAIL

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional			
Train Number ▶	98	86	164	174	82	20	84	88	176			
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr			
Will Also Operate ▶			5/25,7/3, 9/7		5/24,7/3, 9/6			5/25,7/3, 9/7				
Will Not Operate ▶		5/25,7/3, 9/7		5/25,7/3, 9/7			5/25,7/3, 9/7		5/25,7/3, 9/7			
On Board Service ▶												
	Symbol ▼											
Washington, DC -Union Station	●●QR◆ Dp	↓	☒D7 35A	8 40A	9 20A	10 10A	10 10A	↓	☒D10 18A	11 10A	11 20A	11 55A
New Carrollton, MD	●●QR	↓		8 52A	9 31A	10 22A	10 22A			11 22A	11 32A	12 07P
BWI Marshall Airport, MD ✈	●●QR	↓		9 09A	9 48A	10 37A	10 39A			11 38A	11 50A	12 23P
Baltimore, MD-Penn Station	●●QR	↓	☒D8 12A	9 29A	10 05A	10 55A	10 57A	☒D10 55A		11 56A	12 05P	12 40P
Aberdeen, MD	○●QR	↓					11 19A					
Newark, DE	○	↓										
Wilmington, DE	●●QR	↓	☒D9 05A	10 16A	10 53A	11 42A	11 48A	☒D11 44A		12 44P	12 53P	1 29P
Philadelphia, PA -Wm. Gray, Ill, 30th St. Station	●●QR◆ Ar Dp	↓	☒D9 30A	10 39A	11 16A	12 05P	12 12P	☒D12 08P		1 08P	1 16P	1 52P
Trenton, NJ	●●QR	↓	D10 03A	11 08A	11 49A	12 39P	12 45P	D12 41P		1 41P	1 48P	2 24P
Princeton Junction, NJ	●●QR	↓										
New Brunswick, NJ	●●QR	↓										
Metropark, NJ	●●QR	↓		11 31A	12 11P	1 02P	1 08P			2 04P	2 10P	2 46P
Newark Liberty Intl. Air., NJ ✈	○●QR	↓			12 22P	1 13P	1 20P			2 22P	2 28P	3 02P
Newark, NJ	●●QR	↓	☒D10 40A	11 47A	12 28P	1 20P	1 26P	☒D1 25P		D2 18P	2 28P	3 02P
New York, NY -Penn Station	●●QR◆ Ar Dp	↓	☒D11 00A	12 10P	12 47P	1 40P	1 46P	☒D1 46P		2 37P	2 46P	3 20P
New Rochelle, NY	○●QR	↓		12 30P	1 00P	2 00P	2 00P				3 00P	3 30P
Stamford, CT	●●QR	↓			1 27P	2 27P	2 26P				3 27P	3 57P
Bridgeport, CT	○●QR	↓		1 21P	1 50P	2 50P	2 50P				3 50P	4 19P
New Haven, CT -Union Station	●●QR Ar Dp	↓			2 20P	3 20P	3 19P				4 20P	4 48P
New Haven, CT-Union Station	●●QR Dp	↓			2 12P	3 43P	3 49P				4 50P	5 15P
New Haven, CT-State St. Sta.	○	↓			2 14P	2 52P	3 45P				4 53P	5 35P
Wallingford, CT	○	↓				3 00P	4 00P				5 00P	5 25P
Meriden, CT	○●QR	↓				3 02P	4 02P				5 02P	5 27P
Berlin, CT	○●QR	↓				3 14P	4 15P				5 14P	5 39P
Hartford, CT	○●QR	↓				3 23P	4 22P				5 23P	5 47P
Windsor, CT	○	↓				3 32P	4 31P				5 32P	5 55P
Windsor Locks, CT	○	↓				3 47P	4 46P				5 46P	6 09P
Springfield, MA	●●QR Ar Dp	↓				L3 52P	L4 53P				L5 53P	L6 15P
Holyoke, MA	○●QR	↓				L3 58P	L5 00P				L5 59P	L6 22P
Northampton, MA	○●QR	↓				4 24P	5 25P				6 24P	6 48P
Greenfield, MA	○●QR	↓									6 45P	
Old Saybrook, CT	●●QR	↓									7 11P	
New London, CT (Casino 🎰)	●●QR	↓									7 27P	
Mystic, CT	○	↓									7 53P	
Westerly, RI	○●QR	↓										
Kingston, RI 🎰	●●QR Ar	↓										
Providence, RI 🎰	●●QR Ar	↓										
Route 128, MA	●●QR Ar	↓										
Boston, MA-Back Bay Station	●●QR Ar	↓										
Boston, MA -South Station	●●QR◆ Ar	↓										

SCHEDULES EFFECTIVE 3/16/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.

All Amtrak services and stations are non-smoking.

See page 5 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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SHADING KEY

Daytime train
Overnight train
Connecting train
Thruway and connecting services

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[Amtrak.com](#)
1-800-USA-RAIL

Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional
Train Number ▶		194	96	94	156	92	80	50	90	66
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily
Will Also Operate ▶		5/24,7/3, 9/6	5/25,9/7		5/25,7/3, 9/7					
Will Not Operate ▶			5/24,9/6	5/25,7/3, 9/7						
On Board Service ▶		R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R 📺 🚲	R B ☕ 🚲	R 📺 🚲 ☕	R B ☕ 🚲	R B ☕ 🚲
	Symbol ▼									
Virginia Beach, VA	○	Dp 6 40A	6 40A	8 00A						3 00P
Norfolk, VA	●	Dp R 7 25A	R 7 25A	9 00A						R 3 40P
Newport News, VA	●	8 30A	8 30A	8 00A						4 50P
Williamsburg, VA	●	8 52A	8 52A							5 11P
Petersburg, VA	●			10 27A						
Richmond, VA—Main Street Sta.	○	9 42A	9 42A							6 00P
Richmond, VA —Staples Mill Road	●	Ar 10 14A	10 14A	11 03A						6 25P
Ashland, VA	○	Dp 10 19A	10 19A	11 08A						6 30P
Federicksburg, VA	○	10 32A	10 32A	11 23A						6 43P
Quantico, VA	○	11 17A	11 17A	12 09P						7 27P
Woodbridge, VA	○	11 37A	11 37A	12 29P						7 52P
Danville, VA	○									
Blacksburg, VA	○				6 40A					
Roanoke, VA	○	Ar 7 45A			8 40A					
Lynchburg, VA	○	Dp 9 56A			9 59A					
Clifton Forge, VA (Homestead)	○									
Staunton, VA	○									
Charlottesville, VA	●				11 13A					
Culpeper, VA (Orange)	○				12 05P					
Manassas, VA	○				12 39P					
Burke Centre, VA	○				12 56P					
Alexandria, VA	●	Ar 12 14P	12 14P	1 04P	1 21P	D2 04P	4 03P			
Washington, DC —Union Station	●	12 35P	12 35P	1 27P	1 36P	D2 38P	4 30P			

Service continues on page 8. No change of train required.

SCHEDULES EFFECTIVE 3/16/20

Service

- R Coaches: Reservations required.
- B Business class service available. Reservations required. For more information visit [Amtrak.com/business-class](#).
- 🛏 Sleeping cars. For more information, visit [Amtrak.com/sleeping-accommodations](#).
- 🍴 Flexible Dining service: Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- ☕ Café service. Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/cafe](#).
- 🚶 Amtrak Quiet Car.
- 📺 Checked baggage at select stations.
- 📶 Wi-Fi available.
- 🚲 On Board Bicycle Racks: We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.
- 🚶 Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

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Silver Meteor, Silver Star and **Palmetto** between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

SHADING KEY
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Train Number ▶		194	96	94	156	92	80	50	90	66	
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily	
Will Also Operate ▶		5/24,7/3, 9/6	5/25,9/7		5/25,7/3, 9/7						
Will Not Operate ▶			5/24,9/6	5/25,7/3, 9/7							
On Board Service ▶		R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R ☕ 📺 🚲	R B ☕ 📺 🚲	R ☕ 📺 🚲	R B ☕ 📺 🚲	R B ☕ 📺 🚲	
	Symbol ▼										
Washington, DC -Union Station	●📺QT◆	Dp	1 00P	1 15P	2 00P	2 10P	☒D3 10P	☒8 5 15P	☒D6 44P	☒8 30P	☒9 35P
New Carrollton, MD	●📺QT	↓	1 12P	1 27P	2 12P	2 22P				8 41P	9 47P
BWI Marshall Airport, MD ✈	●📺QT	↓	1 27P	1 42P	2 28P	2 37P				8 57P	10 04P
Baltimore, MD-Penn Station	●📺QT	↓	1 46P	2 02P	2 45P	2 57P	D3 50P	8 50P	☒D7 16P	☒9 15P	☒10 22P
Aberdeen, MD	○📺QT	↓									
Newark, DE	○	↓				3 33P					
Wilmington, DE	●📺QT	↓	2 33P	2 49P	3 32P	3 45P	D4 40P	☒8 6 39P	☒D8 05P	☒10 05P	11 13P
Philadelphia, PA	●📺QT◆	Ar	2 58P	3 15P	3 53P	4 11P	D5 05P	☒7 00P	☒D8 26P	☒10 24P	☒11 37P
-Wm. Gray, Ill, 30th St. Station	○📺QT	Dp	3 03P	3 18P	3 57P	4 14P		☒8 7 04P		☒10 28P	☒11 42P
Trenton, NJ	●📺QT	↓	3 30P	3 46P	4 26P	4 44P	D5 40P	8 7 35P	D9 02P	10 59P	12 12A
Princeton Junction, NJ	●📺QT	↓									
New Brunswick, NJ	●📺QT	↓									
Metropark, NJ	●📺QT	↓	3 53P	4 09P		5 07P				D11 21P	12 38A
Newark Liberty Intl. Air., NJ ✈	○📺QT	↓	4 06P	4 21P	4 57P	5 19P					
Newark, NJ	●📺QT	↓	4 13P	4 27P	5 03P	D5 24P	D6 30P	☒D8 15P	☒D9 38P	☒D11 36P	1 00A
New York, NY	●📺QT◆	Ar	4 36P	4 48P	5 22P	5 46P	6 50P	☒8 35P	☒9 58P	☒11 56P	☒1 25A
-Penn Station	○📺QT	Dp	5 00P	5 25P	5 38P						☒2 40A
New Rochelle, NY	○📺QT	↓				6 7 00P					
Stamford, CT	●📺QT	↓	5 50P	6 11P	6 29P	6 7 50P					3 27A
Bridgeport, CT	○📺QT	↓				6 8 20P					
New Haven, CT	●📺QT	Ar	6 47P	7 01P	7 21P	6 8 48P					☒4 22A
	Dp	6 49P	7 03P	7 37P	7 37P	6 8 50P					☒4 43A
New Haven, CT-Union Station	●📺QT	Dp			7 35P	7 9 30P					
New Haven, CT-State St. Sta.	○	↓			7 37P	7 9 32P					
Wallingford, CT	○	↓			7 49P	7 9 44P					
Meriden, CT	○📺	↓			7 58P	7 9 53P					
Berlin, CT	○📺	↓			8 07P	7 10 01P					
Hartford, CT	●📺QT	↓			8 20P	7 10 15P					
Windsor, CT	○	↓			L8 27P	7 L10 21P					
Windsor Locks, CT	○	↓			L8 34P	7 L10 28P					
Springfield, MA	●📺QT	Ar			8 59P	7 10 53P					
	Dp				9 15P						
Holyoke, MA	○📺	↓			9 41P						
Northampton, MA	○📺	↓			9 57P						
Greenfield, MA	○📺	↓			10 23P						
Old Saybrook, CT	●📺QT	↓	7 21P	7 34P	8 06P	6 9 20P					5 15A
New London, CT (Casino 🎰)	●📺QT	↓	7 42P	7 54P	8 24P	6 9 41P					5 35A
Mystic, CT	○	↓				6 9 51P					5 49A
Westerly, RI	○📺QT	↓	8 02P	8 14P	8 44P	6 10 02P					6 01A
Kingston, RI 🎰	●📺QT	↓	8 19P	8 29P	9 01P	6 10 18P					6 18A
Providence, RI 🎰	●📺QT	Ar	8 44P	8 47P	9 23P	6 10 41P					6 56A
Route 128, MA	●📺QT	Ar	D9 19P	D9 20P	D9 56P	6 D11 13P					☒D7 34A
Boston, MA-Back Bay Station	●📺QT	Ar	D9 29P	D9 33P	D10 10P	6 D11 26P					D7 53A
Boston, MA	●📺QT◆	Ar	9 34P	9 44P	10 22P	6 11 32P					☒7 58A
-South Station											

SCHEDULES EFFECTIVE 3/16/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- 6 On Saturdays, change at Washington, DC to Train 168; on Sundays, change at Washington, DC to Train 132, which runs up to 30 minutes later than time shown at this station.
- 7 On Sundays, change at Washington, DC to Train 132, thence at New Haven to Train 432. On Saturdays, change at Washington, DC to Train 146, which arrives approximately 30 minutes later than the time shown at this station.

- 8 On Sundays, Thursdays and Fridays, stops to receive and discharge passengers; on Mondays, Tuesdays, Wednesdays and Saturdays, stops only to discharge passengers, and train may leave before time shown.

All Amtrak services and stations are non-smoking.

See page 7 for Services and Shading Key. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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VIRGINIA SERVICE

serving **BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK** and intermediate stations

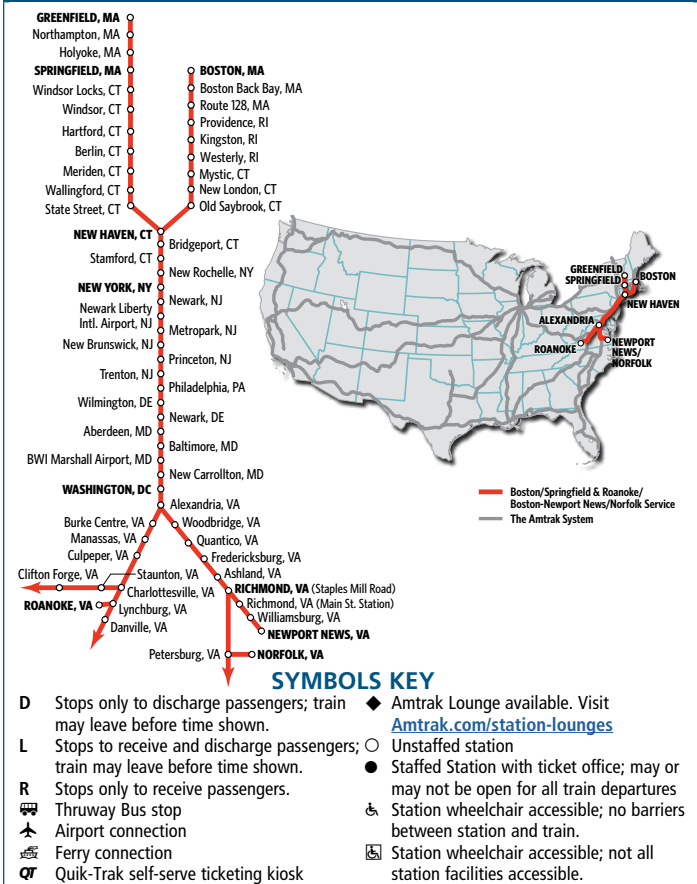
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BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



Airport Connections

Newark Liberty International Airport

Convenient transfers between Amtrak Newark Liberty International Airport station and airline terminals via AirTrain.

Philadelphia International Airport

Convenient transfers between Gray 30th Street station and airline terminals via SEPTA Airport Line trains.

Wilmington New Castle Airport

Convenient transfers between the Amtrak Station Wilmington and the airline terminal at the Wilmington New Castle Airport via DART bus 22.

BWI Thurgood Marshall Airport

Convenient transfers between Amtrak station and airline terminals via free shuttle bus.

Carry-On Pet Program

A small cat or dog in a pet carrier may be carried aboard many *Northeast Corridor* trains. Reservations are required, and some restrictions apply. Visit Amtrak.com/pets for details.

Connecting Local Services

Boston

Massachusetts Bay Transportation Authority (commuter rail, subway, light rail & bus): (617) 222-3200 or (800) 392-6100; www.mbta.com

New Haven

Shore Line East (commuter rail): in Connecticut (800) ALL-RIDE; outside Connecticut (203) 777-RIDE; www.shorelineeast.com
Connecticut Transit (bus service): (203) 624-0151

New York

Metro-North Railroad: (800) 638-7646 or (212) 532-4900; www.mta.info
Long Island Rail Road (LIRR) (commuter rail): (718) 217-LIRR; www.mta.info
NJ TRANSIT (commuter rail & bus): (973) 275-5555; www.NJtransit.com
New York City Transit (subway & bus): (718) 330-1234; www.mta.info

Newark

NJ TRANSIT (commuter rail, subway & bus): (973) 275-5555; www.NJtransit.com
Port Authority Trans-Hudson Corporation (PATH) (subway): (800) 234-PATH; www.panynj.gov/path

Philadelphia

Southeastern Pennsylvania Transportation Authority (SEPTA) (commuter rail, light rail, subway & bus): (215) 580-7800; www.septa.org

Wilmington

DART First State (DART) (commuter rail & bus); 1-800-652-DART; www.DartFirstState.com

Baltimore

MARC (commuter rail): (800) 325-RAIL; www.mtmaryland.com
Maryland Transit Administration (MTA) (bus, light rail & subway): in the Baltimore metropolitan area: (800) 543-9809; other areas: (410) 539-5000; www.mtmaryland.com

Washington

MARC (commuter rail): (800) 325-RAIL; www.mtmaryland.com
Virginia Railway Express (commuter rail): (800) RIDE-VRE; www.vre.org
Metro rail & Metrobus (subway & bus): (202) 637-7000; www.wmata.com

Amtrak 30th Street Station-Center City Rail Transfer

Amtrak tickets to and from Philadelphia are honored for a transfer between Gray 30th Street Station (Upper Level platforms) and either Suburban Station or Jefferson Station (Pennsylvania Convention Center) via the frequent commuter rail service operated by SEPTA. Your Amtrak ticket, ticket receipt or eTicket travel document must be presented to the SEPTA conductor and remain visible while on board. For additional details, call SEPTA at (215) 580-7800.

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W4 for complete Boston to Washington DC schedules.